THE LITTLE LIGHTS
FOUNDATION

FALL 2026 NEWSLETTER

Supporting families. Building connection. Creating hope.

Welcome to the first newsletter from **The Little Lights Foundation**! We are excited to share what we have been building, the programs already underway, and the family-focused projects we hope to launch next.

A MESSAGE FROM OUR FOUNDER

A Community Where Bella Belongs

Amy Browne, Founder

This July, Bella and I attended the Williams Syndrome Association convention in Buffalo, NY, and it was an incredible experience for both of us.

Bella spent her days with a group of 120 peers her own age who also have Williams syndrome. Over five days, she was surrounded by people who are like her in so many ways. She never had to explain herself for the quirks that come with having Williams syndrome. She made instant bonds with new friends, and those bonds have only strengthened since we left.

> *There is something so impactful about having friends who just get you.*

While Bella was with her group, I attended educational sessions on topics ranging from cardiovascular health and estate planning for people with disabilities to ideas on how best to support Bella as she gets older. I learned an enormous amount and am still working through everything I took in at the convention. I also made many new friends of my own. Having a community that shares such a big part of our lives, and that we can lean on, has been a true gift. Many of these families have since joined our support group through The Little Lights Foundation.

The convention takes place every two years, and we can't wait for the next one in Minnesota.

Thank you to everyone who has donated to The Little Lights Foundation. Your generosity made it possible for Bella and me to attend.

FOUNDATION UPDATE

The Little Lights Foundation received our nonprofit status in December 2025. Our new status allowed us to open our business account, begin accepting donations, and start applying for grants. We are incredibly grateful to everyone who has helped us get to this point.

OUR WEBSITE

Our new website was completed in August, and we will continue adding resources, information, and practical support for families navigating Williams syndrome. Visit us at **thelittlelightsfoundation.com**.

PROGRAMMING

Online support groups for parents of children with Williams syndrome began in August and have continued to grow with every session. These groups began as free support groups, and we hope to introduce a minimal monthly fee through our new Patreon community. We will always work with families who need financial assistance and plan to offer a sliding scale.

SUPPORT GROUPS
Meet every three weeks on Zoom, moving to every two weeks shortly

PATREON FEE
$30 per month, sliding-scale support available

FUTURE PROGRAMMING

We are working on several new projects for families and hope to launch them over the next six months. If you have an interest in helping us develop any of these programs, we would love to hear from you!

- **Independence Workshop** for children with Williams syndrome ages 10 and up.
- **Support for Parents at the Time of Diagnosis:** a supportive ear from experienced parents, along with resources and guidance during what can be one of the hardest times for a family.
- **A Walk for Children with Williams Syndrome** to raise awareness and generate support for programming.

UPCOMING FAMILY EVENTS

FIRST ANNUAL

Family Fun Day

October 25, 2026 • 12:00 PM to 3:00 PM

Mulberry West at Christmas Hill Park, by the playground • Gilroy, California

MUSIC

Entertainment and interactive music activities

FOOD

$15 per person catered lunch: tacos (vegetarian, chicken, or beef) with sides and a drink

PRIZE DRAWINGS

Entries just for attending, with additional tickets available for purchase

FAMILY ACTIVITIES

Fun for children and families, including a photo booth. Halloween costumes for kids are optional!

RSVP: **Reserve your spot here** or email **info@thelittlelightsfoundation.com**. Free for all!

HOW YOU CAN HELP

Share our work with a family who may need support. Attend an event. Join a support group. Volunteer your time. Or make a donation to help us build programs that meet families where they are.

Every little light helps.

Make a donation

Donate securely online through Zeffy: **Donate to change lives**

Questions? **info@thelittlelightsfoundation.com**

FAMILY FUN DAY FLYER

Please share this flyer with families who may want to join us. Click the flyer to RSVP, and scan the codes at the bottom to pay for lunch with Venmo or Zeffy.



Scan the codes on the flyer to pay for lunch with Venmo or Zeffy. Feel free to share this flyer with families who may want to join.